

Looking for consultation on group challenges you face?

Are you seeking a new group experience?

Wanting to gain more insight into your own group stimulated dynamics?

Group Therapists: Experiential Consultation Group

I am excited to announce a new consultation/supervision* group for group therapists. This is an experiential consultation group specifically for therapists leading groups, or actively planning to start a group.

I use a model developed by David Altfeld (1999). In this model, cases presented in a supervision group are worked with by association through the parts that are stimulated in the group members. This parallel material is then used to gain insight into what has taken place in the case presented and inform future interventions, helping to move past "stuckness" and enhance group functioning.

I have been exploring this model for the past 8 years and have found it tremendously useful at elucidating parallel material that may not otherwise be recognized. This first-hand insight gained into therapy group dynamics expands the capability, knowledge and skills of all consultation group members.



Group Leader: Rob Williams, MBA, LICSW, CGP

Start Date: October or November 2016

Day/Time: Biweekly, Fridays, 9-11AM

Location: Dupont Circle, 1801 Connecticut Ave NW, Suite 300

For more information: Call 202-455-5546

or email rob.williams.msw@gmail.com

*Can be used to fulfill the requirement for group psychotherapy supervision to become a Certified Group Psychotherapist (CGP).

Altfeld, D. A. (1999). An experiential group model for psychotherapy supervision. *International Journal of Group Psychotherapy*, 49(2), 237-254.