



Mid-Atlantic Group  
Psychotherapy  
Society

**2017**  
**Directory of Members**

**[magps.org](http://magps.org)**

**Regional affiliate of the American Group Psychotherapy  
Association**

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<http://www.axishealthcaregroup.com/>

Discipline: Psychologist

Setting: Agency

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Seniors

Areas of Focus: Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Grief/Loss; Interpersonal Relationships; Personality Disorders; Trauma

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George Washington University Professional Psychology Program

Discipline: Psychologist

Setting: Student

Theory Base: Existential; Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adults

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[www.therapyclarity.com](http://www.therapyclarity.com)

Discipline: Psychologist

Setting: Private Practice

Theory Base: Behavioral; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; Training/Supervision

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

**Maryetta Andrews-Sachs LICSW, CGP, FAGPA**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Interpersonal; Mind/Body; Relational

Populations Served: Adolescents; Adults; Couples

Areas of Focus: Anxiety/Depression/Mood Disorders; Life Transitions; Multi-Cultural Issues; Trauma

**Debra Babarsky MA, LPC**

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Discipline: Professional Counselor; Marriage and Family Therapist

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Interpersonal; Mind/Body; Psychodynamic; Relational; Self Psychology; Mindfulness/Body Oriented Experiential Therapies; Spiritual Exploration and Support

Populations Served: Adolescents; Adults; Couples; Families; LGBTQ; Seniors; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

**Jen Bissell MSW, LICSW**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; LGBTQ; Men; Women

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions

**Sarah Brandel PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults; Couples; Multi-Cultural; Training/Supervision

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Life Transitions; Multi-Cultural Issues

**Lynn Bulger PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss; Interpersonal Relationships; Life Transitions

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Multi-Cultural

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Gender/Sexuality; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues

**Mary Chappell PsyD**

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Discipline: Psychologist

Setting: Inpatient; University

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Families; Multi-Cultural

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma

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[www.trishcleary.com](http://www.trishcleary.com) - Spoken Truths: A Shared Journey

Discipline: Professional Counselor

Marriage & Family Therapist & Alcohol and Drug Counselor

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adults

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships; Life Transitions; Personality Disorders; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Cognitive; Existential; Interpersonal; Relational

Populations Served: Adolescents; Adults; Children; Couples; Families; LGBTQ; Men; Multi-Cultural;

Staff/Organizational Development; Training/Supervision; Women; DBT

Areas of Focus: Anxiety/Depression/Mood Disorders; Gender/Sexuality; Interpersonal Relationships;

Life Transitions; Personality Disorders

**Larry Cohen LICSW, CGP**

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[www.socialanxietyhelp.com](http://www.socialanxietyhelp.com)

Discipline: Social Worker

Setting: Private Practice

Theory Base: Behavioral; CognitiveMindfulness; Acceptance & Commitment Therapy

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Seniors

Areas of Focus: Social Anxiety; Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality;

Grief/Loss; Interpersonal Relationships; Trauma; LGBTQ concerns.

Spanish (adequate, but not fluent).

**Joshua Cordonnier LCSW**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Cognitive; Interpersonal; Psychodynamic

Populations Served: Adolescents; Adults; LGBTQ; Men; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Gender/Sexuality; Grief/Loss; Interpersonal

Relationships; Life Transitions; Personality Disorders; Trauma

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Discipline: Social Worker

Setting: University

Theory Base: Interpersonal; Mind/Body; Psychodynamic

Populations Served: Adults; Couples; LGBTQ; Multi-Cultural

Areas of Focus: Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships; Multi-Cultural Issues; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic; Relational

Populations Served: Adults; Couples; Families; Men; Seniors; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Eating Disorders; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

**Barbara Cristy MSW**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Other; Intensive Short Term Dynamic Psychotherapy (ISTDP).

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Training/Supervision; Women

**Brian Cross PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Existential; Mind/Body; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Other; Training/Supervision; Women  
am also a AASECT Certified Sex Therapist

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues  
Sex Therapy and Sexual Health

**David Dayton PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples

Areas of Focus: Career Issues; Interpersonal Relationships; Life Transitions

**Stephen Delo MSW, LCSW**

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Discipline: Social Worker

Setting: Agency; Inpatient

Theory Base: Behavioral; Cognitive; Existential; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Children; Couples; Families; LGBTQ; Men; Multi-Cultural;

Staff/Organizational Development; Training/Supervision; Women

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Chronic

Mental Illness; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mandated

Clients; Multi-Cultural Issues; Trauma

**Terri Dilmore PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adolescents; Adults; Couples; Families; Multi-Cultural; Other

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Mandated

Clients; Personality Disorders; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss; Interpersonal

Relationships; Life Transitions; Multi-Cultural Issues; Personality Disorders; Trauma

**Aaron Dodini MS, MA, PhD, CGP**

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Discipline: Psychologist

Marriage & Family Therapist

Setting: Private Practice

Theory Base: Interpersonal; Other; Psychodynamic; Relational/Experiential

Populations Served: Adults; Couples; Families; LGBTQ; Men; Multi-Cultural; Seniors; Staff/Organizational Development; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Eating Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma/Career and Executive Coaching

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; Seniors; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Interpersonal Relationships; Life Transitions

**Karen Eberwein PsyD, CGP**

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Discipline: Psychologist

Setting: Government; Private Practice

Theory Base: Relational; Self Psychology

Populations Served: Adults; LGBTQ; Multi-Cultural; Staff/Organizational Development; Women

Areas of Focus: Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Other; Trauma/workplace violence/trauma



**David Flohr PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adolescents; Adults; Children; Couples; Families; LGBTQ; Men;

Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Interpersonal Relationships

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; LGBTQ; Men; Multi-Cultural; Training/Supervision; Women

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Eating Disorders; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Other; Personality Disorders; Trauma; Bariatric patients

Hebrew

**Alicia George MSW, CGP**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Cognitive; Interpersonal; Psychodynamic; Relational

Populations Served: Adults

Areas of Focus: Anxiety/Depression/Mood Disorders; Interpersonal Relationships; Life Transitions

**Susan Gibeson MA**

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Discipline: Marriage & Family Therapist

Setting: School System

Theory Base: Behavioral; Cognitive

Populations Served: Adults; Children; Families

Areas of Focus: Interpersonal Relationships; Life Transitions

**Brian Gill LGSW**

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Discipline: Social Worker

Setting: Agency

Theory Base: Cognitive; Interpersonal; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; Families; LGBTQ; Men; Seniors

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Gender/Sexuality; Interpersonal Relationships; Life Transitions; Mandated Clients; Personality Disorders

**Macario Giraldo PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamicpsychoanalysis and psychotherapy

Populations Served: Adults; Couples; Families; Training/Supervision

Areas of Focus: Anxiety/Depression/Mood Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Personality Disorders; Trauma

Spanish

**Jonathan Goode PsyD**

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Discipline: Psychologist

Setting: Private Practice; University

Theory Base: Behavioral; Cognitive; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality; Interpersonal Relationships; Multi-Cultural Issues; Personality Disorders; Trauma

**Marc Hafkin PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Eclectic

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues

**Lisa Haileab PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Eating Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Mandated Clients; Multi-Cultural Issues; Personality Disorders; Trauma

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Eating Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

**Nancy Harrington MSW, LCSW, CGP**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic; Self Psychology Object Relations

Populations Served: Adults; Men; Seniors; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss;

Interpersonal Relationships; Life Transitions; Personality Disorders

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Saint Elizabeths Hospital

Discipline: Medical Professional

Setting: Government

Theory Base: Behavioral; Interpersonal; Medication; Mind/Body

Populations Served: Adults

Areas of Focus: Multi-Cultural Issues

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic; Relational

Populations Served: Adolescents; Adults; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Eating Disorders; Gender/Sexuality;

Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma

**Alison Howard PsyD, MEd, CGP**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors;

Training/Supervision; Women

Areas of Focus: Acute/Chronic Medical Illness/Disability; Addictions; Anxiety/Depression/Mood

Disorders; Chronic Mental Illness; Eating Disorders; Gender/Sexuality; Grief/Loss; Interpersonal

Relationships; Life Transitions; Multi-Cultural Issues; Personality Disorders

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Discipline: Psychologist

Setting: Student

Theory Base: Psychodynamic

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Cognitive; Interpersonal; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; LGBTQ; Men; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Eating Disorders;

Gender/Sexuality; Grief/Loss; Life Transitions; Trauma

**Susan Jacobson MMH, LCSW-C, CGP**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; LGBTQ

Areas of Focus: Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships; Life

Transitions

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Discipline: Social Worker

Setting: Private Practice

Populations Served: Adolescents; Adults; Couples; Families

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational; Self Psychology Attachment

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality;

Interpersonal Relationships; Life Transitions

**Mary Jean Kane MSW, LCSW**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Mind/Body; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships; Trauma

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Existential; Interpersonal; Mind/Body; Other; Psychodynamic;

Relational; Self Psychology Developmental

Populations Served: Adults; Couples; Men; Multi-Cultural; Other; Seniors; Training/Supervision;

Women Therapists

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Eating Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Other; Trauma Maturing and developing to full self

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Discipline: Psychologist

Setting: Private Practice

Theory Base: OtherACT

Populations Served: Adults; Couples; Seniors; Training/Supervisioncollege-age students

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal

Relationships; Life Transitions; OtherCompulsive Behavioral Disorders

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Cognitive; Existential; Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Training/Supervision; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Eating Disorders;

Gender/Sexuality; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues

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<http://potomacgrovepsychiatry.com>

Discipline: Psychiatrist

Setting: Private Practice

Theory Base: Cognitive Behavioral; Medication; Self Psychology; EMDR; Hypnotherapy

Populations Served: Adolescents; Adults; Men; Women

Areas of Focus: Mood Disorders; Trauma; OCD; ADHD, Relationship; Recovery

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Discipline: Professional Counselor

Setting: Private Practice

Theory Base: Existential; Psychodynamic; Relational

Populations Served: Adults; Couples

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Grief/Loss; Life Transitions; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Mind/Body; Psychodynamic; Relational; Self Psychology

Populations Served: Adolescents; Adults; Couples; Families; LGBTQ; Men; Staff/Organizational Development; Training/Supervision; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Eating Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Personality Disorders; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Interpersonal; Relational; Self Psychology

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Staff/Organizational Development; Training/Supervision; Women

Areas of Focus: Acute/Chronic Medical Illness/Disability; Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Personality Disorders



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Discipline: Social Worker

Setting: Private Practice

Theory Base: Relational

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Training/Supervision; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality;

Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma; Spiritual issues

**Victoria Lee PhD**

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Discipline: Psychologist

Setting: University; Private Practice

Theory Base: Psychodynamic

Populations Served: Adults

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss;

Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma

**Arlene Levinson MSW, LICSW, MSW**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; Multi-Cultural; SeniorsAdult Families

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss; Interpersonal

Relationships; Life Transitions; Multi-Cultural Issues; Personality Disorders; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Self Psychology

Populations Served: Adults; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships; Life Transitions

**Joel Marcus MSW**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic; RelationalExperiential

Populations Served: Adults; Couples

Areas of Focus: Interpersonal Relationships

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Cognitive; Interpersonal; Psychodynamic; Relational

Populations Served: Adolescents; Adults; LGBTQ; Men; Multi-Cultural; Training/Supervision; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Eating Disorders; Gender/Sexuality;  
Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma

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The Professional School of Professional Psychology, School counseling, Psychodrama

Discipline: Professional Counselor

Setting: Student

Theory Base: Existential; Self Psychology

Populations Served: Multi-Cultural

Areas of Focus: Multi-Cultural Issues

**Venus Masselam PhD**

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Cognitive; Imagery; Interpersonal; Psychodynamic; Relational marriage and family systems as well

Populations Served: Adolescents; Adults; Couples; Families; Men; Seniors; Staff/Organizational Development; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues

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Discipline: Medical Professional

Setting: Inpatient

Populations Served: Adults

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; Families; Men; Multi-Cultural; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma

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Discipline: Professional Counselor

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; Families; Men; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Eating Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults; Couples; Families

Areas of Focus: Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults; Multi-Cultural

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Life Transitions; Multi-Cultural Issues

Spanish

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic; Relational; Self Psychology

Populations Served: Adolescents; Adults; Couples; LGBTQ; Training/Supervision

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders;

Gender/Sexuality; Interpersonal Relationships; Life Transitions; Trauma

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Discipline: Professional Counselor

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men; Seniors; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality; Interpersonal Relationships; Life Transitions

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Discipline: Medical Professional

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic

Populations Served: Adults; LGBTQ; Multi-Cultural; Training/Supervision Medication management

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Gender/Sexuality; Grief/Loss; Multi-Cultural Issues; Trauma

Urdu

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Mind/Body; Psychodynamic

Populations Served: Adults; Families; Seniors

Areas of Focus: Acute/Chronic Medical Illness/Disability; Addictions; Anxiety/Depression/Mood Disorders; Chronic Mental Illness

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Mind/Body; Other; Psychodynamic; Relational Systems theory

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Other; Training/Supervision; Women Young adults 17+

Areas of Focus: Anxiety/Depression/Mood Disorders; Interpersonal Relationships; Life Transitions; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adolescents; Adults; LGBTQ; Men; Seniors; Training/Supervision; Women

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Cognitive; Interpersonal; Psychodynamic

Populations Served: Adults; Couples

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Interpersonal Relationships; Life Transitions

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Staff/Organizational Development; Training/Supervision; Women

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Personality Disorders; Trauma

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Discipline: Psychologist  
Setting: Private Practice  
Theory Base: Mind/Body; Psychodynamic  
Populations Served: Adolescents; Adults; Couples; LGBTQ; Women  
Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders;  
Gender/Sexuality; Interpersonal Relationships; Life Transitions; Trauma

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Discipline: Other  
Art Therapist/Sheng Zhen Gong  
Setting: Private Practice  
Theory Base: Mind/Body  
Populations Served: Adults; CEOs and Organizational Teams  
Areas of Focus: Psychospiritual Development, Anxiety/Depression/Mood Disorders

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Discipline: Medical Professional  
Psychiatry Resident at Saint Elizabeths Hospital  
Setting: Government; Inpatient; Military  
Theory Base: Behavioral; Cognitive; Interpersonal; Medication; Psychodynamic  
Populations Served: Adults; Multi-Cultural  
Areas of Focus: Acute/Chronic Medical Illness/Disability; Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Chronic Mental Illness; Grief/Loss; Interpersonal Relationships; Life Transitions; Personality Disorders; Trauma  
Chinese Mandarin

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Training/Supervision; Women

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Aging

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Discipline: Social Worker

Setting: Agency

Theory Base: Cognitive

Populations Served: Adolescents; Adults; Children; Training/Supervision

Areas of Focus: Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Interpersonal Relationships; Trauma

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Discipline: Other

Doctoral Student in Counseling Psychology PhD Program at Howard University

Setting: Student

Theory Base: Existential

Populations Served: Other I am doing my Practicum Training at Howard University Counseling Center

Areas of Focus: Trauma  
Romanian

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Discipline: Professional Counselor



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Discipline: Social Worker

Licensed Clinical Alcohol & Drug Counselor, Licensed Marriage & Family Therapist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; Families; LGBTQ; Men; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Eating Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

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Discipline: Psychologist

Setting: Government; Private Practice

Theory Base: Behavioral; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Seniors; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Gender/Sexuality; Grief/Loss; Interpersonal Relationships

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Existential; Interpersonal; Mind/Body; Psychodynamic; Relational

Populations Served: Adults; Couples; Families; LGBTQ; Men; Multi-Cultural; Seniors; Women

Areas of Focus: Career Issues; Grief/Loss; Interpersonal Relationships; Life Transitions

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Interpersonal; Mind/Body; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Training/Supervision; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Gender/Sexuality; Grief/Loss;

Interpersonal Relationships; Life Transitions

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men

Areas of Focus: Anxiety/Depression/Mood Disorders; Gender/Sexuality; Grief/Loss; Interpersonal

Relationships; Life Transitions; Multi-Cultural Issues; Trauma

**George Saiger MD, CGP, FAGPA**

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Discipline: Medical Professional

Setting: Private Practice

Theory Base: Interpersonal I do prescribe medication when indicated.

Populations Served: Adults; Seniors; Training/Supervision

Areas of Focus: Acute/Chronic Medical Illness/Developmental Disabilities; Anxiety/Depression/Mood

Disorders; Chronic Mental Illness; Interpersonal Relationships; Personality Disorders

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships; Life

Transitions

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults; Couples; Families; LGBTQ; Men; Multi-Cultural; Seniors; Staff/Organizational Development; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma

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Discipline: Other

Psychiatry Resident

Setting: Government; Inpatient; Private Practice

Theory Base: Cognitive; Interpersonal; Medication; Psychodynamic

Populations Served: Adolescents; Adults; Children; LGBTQ; Multi-Cultural

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Interpersonal Relationships; Life Transitions; Mandated Clients; Multi-Cultural Issues; Personality Disorders; Trauma  
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Discipline: Psychologist

Theory Base: Relational; Self Psychology

Populations Served: Adults; Couples; Families; Seniors; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Personality Disorders; Trauma

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Cognitive; Mind/Body; Psychodynamic

Populations Served: Adults

Areas of Focus: Anxiety/Depression/Mood Disorders; Interpersonal Relationships; Trauma

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Discipline: Medical Professional

Setting: Agency; Government; Inpatient

Theory Base: Behavioral; Cognitive; Interpersonal; Medication; Psychodynamic; Self Psychology

Populations Served: Adolescents; Adults; Children; Men; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships;

Personality Disorders; Trauma

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Discipline: Professional Counselor

Setting: Private Practice

Theory Base: Existential, Interpersonal, Relational

Populations Served: Adults; Couples; LGBTQ; Multi-Cultural

Areas of Focus: Gender/Sexuality; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues;

TraumaCouples therapy

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Discipline: Professional Counselor

Setting: University

Theory Base: Psychodynamic

Populations Served: Adults

Areas of Focus: Anxiety/Depression/Mood Disorders

Korean

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Relational

Populations Served: Adolescents; Adults; Children; Families

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss; Interpersonal Relationships; Life Transitions

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Existential; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Staff/Organizational Development; Training/Supervision

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Seniors; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Men; Training/Supervision

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Gender/Sexuality; Interpersonal Relationships; Life Transitions

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Discipline: Social Worker

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Discipline: Professional Counselor

Setting: Private Practice

Theory Base: Interpersonal

Populations Served: Adults; Couples; Men; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

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Discipline: Professional Counselor

Setting: Student

Populations Served: Other/Incarcerated male

Areas of Focus: Acute/Chronic Medical Illness/Disability; Addictions; Anxiety/Depression/Mood Disorders; Chronic Mental Illness; Gender/Sexuality; Trauma

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Existential; Mind/Body; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Children; Couples; Families; LGBTQ; Men; Multi-Cultural; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Grief/Loss;

Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Personality Disorders

Disorders, Learning Disabilities

Spanish

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Cognitive; Family Systems; Mind/Body

Populations Served: Adults; Couples; Men

Areas of Focus: Anxiety/Depression; Grief/Loss; Relationships; Life Transitions; Multi-Cultural Issues;

Trauma; Hypnotherapy; EMDR

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults

Areas of Focus: Anxiety/Depression/Mood Disorders; Interpersonal Relationships; Life Transitions

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Mind/Body; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Gender/Sexuality; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Seniors; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Grief/Loss; Interpersonal Relationships; Personality Disorders; Trauma

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Discipline: Medical Professional

Setting: Government

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Training/Supervision; Women

Areas of Focus: Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality; Interpersonal Relationships; Life Transitions



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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Seniors

Areas of Focus: Acute/Chronic Medical Illness/Disability; Anxiety/Depression/Mood Disorders; Eating Disorders; Interpersonal Relationships; Trauma; Weightloss

**Rob Williams LICSW**

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Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults; Couples; Families; LGBTQ; Men; Multi-Cultural; Training/Supervision

Areas of Focus: Acute/Chronic Medical Illness/Disability; Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Gender/Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma

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Discipline: Medical Professional

Theory Base: Psychodynamic

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal

Populations Served: Adolescents; Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Women

Areas of Focus: Addictions; Anxiety/Depression/Mood Disorders; Career Issues; Interpersonal Relationships; Life Transitions; Canine Assisted Psychotherapy

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Setting: Inpatient