

**MID-ATLANTIC
GROUP PSYCHOTHERAPY SOCIETY
SPRING 2018 CONFERENCE**



**Cultural Competence, Spirituality, and
Transcendence in Times of Crises**

Guest Presenter

Alexis D. Abernethy, PhD, CGP, FAGPA

Saturday and Sunday, April 21-22, 2018
Saint Elizabeths Hospital, Washington, DC

*This event is co-sponsored by
The Washington School of Psychiatry*

Conference Description: The Spring Conference offers a unique learning experience through large group meetings and dialogue, didactic information-sharing and demonstration, and small process group experiences. Our goal is to provide a learning environment in which conference members can integrate a deeper understanding of the topical content and consider introducing new material into their work. This conference is intended for psychiatrists, psychologists, counselors, psychiatric nurses, and social workers.

Dr. Alexis Abernethy is creating a conference for MAGPS that is responsive to our mission to work as effective and compassionate therapists in a challenged political and societal climate. She will present an intentional group therapeutic approach that uses metaphors and cultural diversity as opportunities for bridging differences. She will also highlight how a therapeutic posture that incorporates a spiritual perspective that informs and transcends the divisions reflected in our current national climate are helpful in our work as group therapists and our lives as mental health professionals in our community.

Learning Objectives:

1. Describe how group leaders can facilitate the elaboration of members' stories.
2. Identify culturally competent interventions that promote the exploration of diverse perspectives.
3. Identify factors that impede members' understanding of cultural differences.
4. Identify how leaders may promote the development of virtues through interaction and the group process.
5. Identify specific leader interventions that foster a safe atmosphere for understanding and growth.
6. Identify leader interventions that model efforts to transcend challenging situations.

CONFERENCE SCHEDULE

Saturday, April 21, 2018

7:45 AM - 8:45 AM	Registration and Breakfast
8:45 AM - 9:00 AM	Welcome
9:00 AM - 10:45 AM	Plenary Session # 1
10:45 AM - 11:00 AM	Break
11:00 AM - 12:30 PM	Small Group # 1
12:30 PM - 1:30 PM	Lunch
1:30 PM - 1:45 PM	Break
1:45 PM - 2:15 PM	Community Meeting
2:15 PM - 2:30 PM	Break
2:30 PM - 4:15 PM	Plenary Session # 2
4:15 PM - 4:30 PM	Break
4:30 PM - 6:00 PM	Small Group # 2
6:00 PM - 7:00 PM	New Attendees and Mentors Reception

Sunday, April 22, 2018

7:45AM - 8:45AM	Breakfast
8:45 AM - 10:15 AM	Plenary Session # 3
10:15 AM - 10:30 AM	Break
10:30 AM - 12:00 PM	Small Group #3
12:00 PM - 12:30 PM	Small Group Debriefing, Evaluation and CEU
12:30 PM -12:45 PM	Break
12:45 PM - 1:15 PM	Wrap Up and Ending

CONFERENCE FACULTY

Dr. Alexis Abernethy is a Professor in the Graduate School of Psychology at the Fuller Theological Seminary in Pasadena, California. She received her BS in Psychology from Howard University and her MA and PhD in Clinical Psychology from University of California, Berkeley. She did her Internship at our very own Howard University Hospital in Washington, DC. Since that time, she has focused her career as a professor, therapist supervisor, consultant, researcher and scholar in the fields of Cultural Competence, Spirituality and Health, and Group Psychotherapy. She has written dozens of articles and has presented at national professional meetings on explorations in these areas as they relate to group psychotherapy. She is currently the Co-Chair of the AGPA Annual Meeting Committee and has helped form successful AGPA conferences for the past several years.

Small Group Leaders

Lorraine Wodiska, PhD, CGP, FAGPA, FABPP & Aaron Dodini, M.S., M.A., Ph.D., CGP
Victoria Lee, Ph.D., CGP & Marcus Hummings, Psy.D
*Cheryl Kalter, PhD., LPC,CGP
Rose McIntyre LCSW, CGP, AKRI Consultant
Candidate & Lewis Weber, PhD, LCSW, CGP
Gloria Myers Beller, MA, LICSW
Lenore M. Pomerance LICSW, CGP
John C. Rhead, PhD, CGP
Bernard Adam Stoltz, Psy.D.
Judy A Tyson M.S., Ph.D., CGP

Small group leaders' biographies and complete presenter biography are posted on the Conference page at www.magps.org.

** MAGPS traditionally invites a guest small group leader from another affiliate society in an effort to promote stronger connections with our colleagues across the country.*

CONFERENCE CHAIRS

Cristina Secarea, MD
Farooq Mohyuddin, MD, CGP
Email: conferences@magps.org

EDUCATION

MAGPS is an affiliate of the American Group Psychotherapy Association serving psychotherapists from DC, MD, VA, and WV. Its mission is to provide and support group psychotherapy training and education.

Scholarship Opportunities: MAGPS supports the professional development of students, interns, residents, and clinicians early in their careers by offering various scholarships to cover registration and banquet costs. First-time attendees and new professionals may register at reduced rates. Scholarship application form available at our website (www.magps.org)

CEUs: 12.25 CE/CME Hours

The Washington School of Psychiatry is approved by the American Psychological Association to provide continuing education for psychologists. The Washington School maintains responsibility for this program and its contents. The School is approved by the Social Work Board of the State of Maryland as a provider of continuing education for social workers in DC, MD, VA, and WV. The School is approved by the California Board of Behavioral Sciences as provider #5691 of continuing education to social workers and counselors in California. The School is a National Board for Certified Counselors-Approved Continuing Education Provider, ACEP #6388, and may offer NBCC-approved clock hours for events that meet NBCC requirements. The School solely is responsible for all aspects of the program. The School is accredited by MedChi, The Maryland State Medical Society, to provide continuing medical education for physicians. The School designates this conference for a maximum of 10.75 AMA PRA Category I Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **Disclosure of Commercial Support and the Unlabeled Use of a Commercial Product:** No member of the planning committee and no member of the faculty for this event have a financial interest or other relationship with any commercial product(s) discussed in the program. The Washington School of Psychiatry is an independent non-profit organization. It is not affiliated with the government of the District of Columbia or the government of the United States.

Please Note: Licensing Boards change regulations often and while we attempt to stay abreast of their most recent changes, we recommend you contact your board directly to obtain a ruling, if you have questions or concerns about this course meeting your specific board's approval.

CONFERENCE SITE/HOTEL/REGISTRATION

Conference Location

Saint Elizabeths Hospital
1100 Alabama Ave, SE
Washington, DC 20032
202-299-5000

Hotel Accommodations

Marriott Courtyard Washington Capitol Hill/ Navy Yard
140 L Street SE, Washington, DC 20003
202-497-0027

*For special rate, \$119 to \$135/night plus tax, reserve by **March 23, 2018** by emailing conferences@magps.org and ask for the booking link.*

DISABILITY ACCESS: For ADA accommodations for lodgings or conference access, please advise at least 10 days prior to the event either with your online registration or by email to registration@magps.org. We cannot ensure accommodations without adequate notice.

REGISTRATION RATES & INFORMATION

Register deadline: Friday, April 13, 2018.

No walk-in registrations will be accepted.

MAGPS Member	\$255
Non-member	\$355
1st Time Attendee ¹	\$215
New Professional ²	\$135
Student/Retiree	\$85
CEU Processing	\$25

To register, join/renew, make scholarship donations, go to www.magps.org.
For assistance or to register by phone, contact a conference registrar: Victoria Lee at 443-741- 2315 or Liz Marsh at 202-681-6189, or email registration@magps.org.

Cancellation Policy: Full refund less \$25 if made by April 13, 2018. NO refunds after that date.

¹ Includes 1-year membership

² Two years post-graduation