



MAGPS

The Mid-Atlantic Group Psychotherapy Society

2018 Directory of Members

**MAGPS.org
Regional Affiliate of the American Group
Psychotherapy Association**

Rebecca Abell PsyD

[216 Michigan Avenue NE](#)

[Washington, DC 20017](#)

(301)751-2970

rlabel@gwmail.gwu.edu

Discipline: Psychologist

Setting: Agency

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults

Areas of Focus: Interpersonal Relationships

Alexander Afram PhD

1112 16th St NW Ste 440

Washington, District of Columbia 20036

571-882-1648

dralexaftram@gmail.com

www.dralexaftram.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Psychodynamic; Relational; Self Psychology

Populations Served: Adolescents; Adults; Couples; Men; Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Mood

Disorders; Personality Disorders; Trauma

Current group(s): Mixed-gender interpersonal process group on Wednesdays from 5:30-6:45pm

Ammar Alam MD

411 Hobart PI NW

Washington, District of Columbia 20001

(410)693-0225

ammaram93@gmail.com

Discipline: Medical Professional

Setting: Inpatient

Theory Base: Behavioral; Cognitive; Existential; Psychodynamic

Populations Served: Adults

Areas of Focus: Anxiety; Depression; Mood Disorders; Personality Disorders;

Substance Abuse Disorders

Shawn Anderson CTRS, RRT, CCTP

1100 Alabama Ave SE

Washington, District of Columbia 20032

(202)277-2144

saffire1998@gmail.com

Discipline: Medical Professional

Setting: Government; Inpatient

Theory Base: Behavioral; Cognitive

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Seniors; Trauma; Women

Areas of Focus: Anxiety; Chronic Mental Illness; Depression; Interpersonal

Relationships; Multi-Cultural Issues; Personality Disorders; Substance Abuse Disorders;

Trauma

Maryetta Andrews-Sachs LICSW, CGP, FAGPA

4920 45th St NW

Washington, District of Columbia 20016

(202)244-4087

mandrewssachs@gmail.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Interpersonal; Mind/Body; Psychodynamic; EMDR

Populations Served: Adolescents; Adults; Couples; Trauma

Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Mood Disorders;

Personality Disorders; Trauma

Blaine Atkisson NCC, Resident in Counseling

6922 Little Falls Rd

Arlington, Virginia 22213

(703)582-8542

jbatkisson@gmail.com

Discipline: Professional Counselor

Theory Base: Existential; Psychodynamic

Populations Served: Adolescents

Areas of Focus: Anxiety; Depression; Interpersonal Relationships

Debra Babarsky LPC

142 East Main St

Purcellville, Virginia 20132

540-338-0620

dbabarsky@yahoo.com

www.babarsky.com

Discipline: Marriage and Family Therapist; Professional Counselor

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Interpersonal; Mind/Body; Psychodynamic;

Relational; Self Psychology

Populations Served: Adolescents; Adults; Couples; Families; LGBTQ; Men; Multi-

Cultural; Seniors; Trauma; Women

Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Other; Trauma; Life Transitions; Spirituality

Jen Bissell MSW, LICSW

1801 Connecticut Ave NW Ste 300
Washington, District of Columbia 20009
(202)642-9692
jenbisselllicsw@gmail.com

jenbissell.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic; Relational; Self Psychology

Populations Served: Adults; LGBTQ; Men; Women

Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Anxiety; Career Issues; Chronic Mental Illness; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders

Sarah Brandel PhD, CGP

4801 Wisconsin Ave NW Ste 503
Washington, District of Columbia 20016
301-526-0936

s.brandel@verizon.net

Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic

Populations Served: Adults; Couples; Training/ Supervision

Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Mood Disorders; Multi-Cultural Issues

Current Groups: Group for Women in Transition (Ages 55+) Mondays from 2:00-3:15pm

Jay O. Casey PhD

(240)305-3040
jcasey@american.edu

Jessica Chan LICSW, MBA

1555 Connecticut Ave NW Ste 2N
Washington, District of Columbia 20036
(703) 328-3563

kekachan@gmail.com

<https://www.psychologytoday.com/us/therapists/jessica-m-chan-washington-dc/68693>

Discipline: Social Worker

Setting: Private Practice

Theory Base: Psychodynamic; Relational

Populations Served: Adults; Multi-Cultural

Areas of Focus: Anxiety; Career Issues; Depression; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Substance Abuse Disorders

Current Group: Ongoing mixed-gender process-oriented groups: Mondays 6 pm to 7:15 pm; Thursdays 6 pm to 7:15 pm

Trish Cleary MS, LCPC-MFT-ADC, CGP, LFAGPA

5119 Bradley Boulevard

Chevy Chase, Maryland 20815

301-654-4936

trishcleary@comcast.net

www.trishcleary.com

Blog - Spoken Truths: A Shared Journey

Discipline: Marriage & Family Therapist; Professional Counselor; Supervisor

Setting: Private Practice

Theory Base: Analytic; Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; Families; LGBTQ; Seniors

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships;

Life Transitions; Mood Disorders; Personality Disorders; and Trauma Issues

Weekly Groups: Mixed Group/Tuesday evening & Women's Group/Monday evening.

Weekend Groups, co-facilitated with Ginger Sullivan, meet once a month for 2 hours.

Couples - - Experiential Process for Psychotherapists - - LGPC Supervision

For more information about weekend groups: www.trishcleary.com/announcements

Larry Cohen LICSW, CGP, ACT

4808 43rd PI NW

Washington, District of Columbia 20016

202-244-0903

larrycohen@socialanxietyhelp.com

www.socialanxietyhelp.com

Blog: nationalsocialanxietycenter.com/blog/

Discipline: Social Worker

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Interpersonal

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Seniors; Women

Areas of Focus: Anxiety; Mood Disorders; Depression; Gender/ Sexuality

Current Groups: I lead two 20-week cognitive-behavioral therapy (CBT) groups for social anxiety per year. (All groups are LGBTQ-affirming.) Members learn and practice concrete cognitive and behavioral skills and strategies, both in session and during weekly self-chosen homework, to help overcome anxiety about interacting with others and increase self-confidence. Members choose personal goals to work on, eg: make

friends, socialize, date, intimacy, assertion, speak in groups, perform, network, advance career.

Joshua Cordonnier LCSW

100 E. South St Ste 5

Charlottesville, Virginia 22902

(434) 971-4747 ext 109

josh@joshcord.com

www.cpaththerapy.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic

Populations Served: Adolescents; Adults; LGBTQ; Men; Multi-Cultural; Training/

Supervision; Women

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Mood Disorders; Personality Disorders

Elizabeth (Puma) Cornick MSW

1501 Lee Highway Ste 110

Arlington, Virginia 22209

(703)838-0236

pumacornick@gmail.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Psychodynamic; Relational

Populations Served: Adults; Couples; Men; Seniors; Trauma; Women

Areas of Focus: Anxiety; Career Issues; Depression; Eating Disorders; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Personality Disorders; Trauma

Barbara Cristy LICSW, BCD

2801 New Mexico Ave NW

Washington, District of Columbia 20007

(301)565-0021

barbaralecristy@gmail.com

<http://www.barbaracristy-psychotherapist.com/>

Discipline: Social Worker

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Existential; Interpersonal; Other; Psychodynamic;

Relational; Self Psychology; ISTDP-EDT

Populations Served: Adults; Couples

Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Anxiety; Depression; Interpersonal Relationships; Mandated Clients; Mood Disorders; Personality Disorders

Vivien Deitz LCSW-C, BCD, RN

10726 Brewer House Rd
Rockville, Maryland 20852
301-770-1111

vivdeitz@mac.com

www.viviendeitz.com

Discipline: Expressive Arts Therapist; Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Mind/Body; Psychodynamic

Populations Served: Adolescents; Adults; Couples; Men; Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Trauma

Tybe Diamond MSW

4707 Connecticut Ave., NW
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202-966-1381

tybediamond@gmail.com

<http://www.tybediamond.com/>

Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Interpersonal; Other; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; Families; LGBTQ; Men; Multi-Cultural; Other; Seniors; Training/ Supervision; Trauma; Women

Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Anxiety; Career Issues; Chronic Mental Illness; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Personality Disorders; Substance Abuse Disorders; Trauma

Current Groups: I have two mixed gender, ages 30 - 60, interpersonal, experiential groups that focus on interactions among members to increase relationship capacity and promote self-reflection and self-awareness. Both are Tuesday evening groups that meet 5:30 - 6:45 pm and 7-8:15 pm.

Aaron Dodini MS, MA, PhD, CGP

Dodini Behavioral Health
1501 Lee Hwy
Arlington, Virginia 22209
(703)909-5101

drdodini@dodini.com

www.dodini.comDodini Behavioral Health

Discipline: Marriage and Family Therapist; Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational; Self Psychology; Systems
 Populations Served: Adults; Couples; Families; LGBTQ; Men; Multi-Cultural; Seniors;
 Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Career Issues; Depression; Eating Disorders; Gender/
 Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders;

Multi-Cultural Issues; Personality Disorders; Substance Abuse Disorders; Trauma
 Current Groups: Dodini Behavioral Health offers long term psychotherapy for individual
 adults, couples, and groups. Among our providers we have a vast depth of
 specialization and opportunities for growth in a variety of groups. We work in a co-
 therapy model in couples and groups and give individual clients the opportunity to work
 in a variety of modalities. We have ten long term, open ended, mixed gender process
 groups available mornings, afternoons, and evenings Monday through Friday

Molly Donovan PhD, CGP, FAGPA

1400 20th St NW Ste 101

Washington, District of Columbia 20036-5963

(202)822-8070

drmollyd@aol.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Existential; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Seniors; Training/ Supervision

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life
 Transitions

Karen Eberwein, PsyD

1350 Connecticut Ave, NW. Suite 405

Washington, District of Columbia 20036

(202) 409-7774

keberwein@hotmail.com

www.keberwein.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic; Relational; Self Psychology

Populations Served: Adults; LGBTQ; Training/ Supervision; Women

Areas of Focus: Anxiety; Depression; Interpersonal Relationships

Current Groups: Exploring One's Self in Relationships - A diverse, mixed gender
 psychotherapy group for individuals 30+ that meets Thursdays from 12-1:15. Although
 members find it supportive, the group utilizes interpersonal process to explore
 interactions and the subsequent relationships that develop over time as a way to learn
 about oneself.

Claudia Esteve LPC

10101 Grosvenor PI 715

Rockville, Maryland 20852-6640

(240)543-1251

claudiaesteve@me.com

Discipline: Professional Counselor

Setting: School System

Theory Base: Existential; Relational

Populations Served: Adolescents; Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Trauma; Women; Spanish; French

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Trauma

David Flohr PhD, CGP

109 Park Washington Ct

Falls Church, Virginia 22046

(703)533-9302

dr.davidflohr@gmail.com

David Flohr, Ph.D.P.C.

Discipline: Marriage and Family Therapist; Psychologist

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic; Relational; Self Psychology; Systems

Populations Served: Adolescents; Adults; Children; Couples; Families; LGBTQ; Men; Training/Supervision

Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Mood Disorders; Self Development of the Parent

Myrna Frank PhD, CGP

4405 East West Hwy Ste 407

Bethesda, Maryland 20814

(301)920-0485

myrnafrank@verizon.net

Center for Life Transitions

Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Relational

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Training/ Supervision; Trauma; Women; Hebrew

Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Anxiety; Career Issues; Depression; Eating Disorders; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Personality Disorders; Trauma

Current Groups: The Interpersonal Group for Adults is an ongoing, mixed gender psychotherapy group for men and women 30 to 60 years old who struggle with any of the following: excessive social anxiety, sexual orientation, social isolation, relationship problems, chronic depression, and difficulties attaining career or work goals. Tuesdays 4pm to 5:15pm.

Alicia George MSW, CGP

3000 Connecticut Ave N Ste 210
Washington, District of Columbia 20008
(202)328-9055

ajgeorge@earthlink.net

www.aliciageorge.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Cognitive; Interpersonal; Psychodynamic

Populations Served: Adults; Men; Women

Areas of Focus: Anxiety; Depression; Interpersonal Relationships; Life Transitions

Current Groups:

1) Women's Psychotherapy Group - For women who want to improve their relationship skills and self-esteem. Meets Tuesdays 6:35-8:05 pm weekly.

2) Psychotherapy Group for Men and Women - For adults who want to cope more successfully, communicate more effectively, and connect more deeply. Meets Thursdays 6:35-8:05 pm weekly.

3) 8-Week Relationship Group for Singles - For singles to learn tips and tools for finding and keeping love. Offered periodically on Wednesday evenings for 8 weeks.

Macario Giraldo PhD

2532 North Glebe Rd
Arlington, Virginia 22207
(703)243-2261

macariog1@gmail.com

Discipline: Psychologist

Lacanian Psychoanalyst

Setting: Private Practice

Populations Served: Adults; Families; LGBTQ; Men; Multi-Cultural; Seniors; Training/ Supervision; Trauma; Women; Spanish

Areas of Focus: Anxiety; Career Issues; Chronic Mental Illness; Depression; Eating Disorders; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Mood Disorders; Substance Abuse Disorders; Trauma

Emilie Gomart LGMFT

(301)767-6879

e.gomart@gmail.com

Discipline: Marriage and Family Therapist
Setting: Private Practice
Theory Base: Existential; Interpersonal; Mind/Body; Psychodynamic; Systems
Populations Served: Adolescents; Adults; Children; Couples; Families; Multi-Cultural;
French; Dutch
Areas of Focus: Anxiety; Gender/ Sexuality; Interpersonal Relationships; Life
Transitions; Mood Disorders; Multi-Cultural Issues

Jonathan Goode PsyD

6th & Bryant Sts NW
Washington, District of Columbia 20746
(202)271-0222
docjgoode@gmail.com
Discipline: Psychologist
Setting: Private Practice; University
Theory Base: Psychodynamic; Relational
Populations Served: Adults; Couples; LGBTQ; Men; Training/ Supervision
Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Interpersonal Relationships;
Mood Disorders; Trauma

Marc Hafkin PhD, LCSW-C

4400 East West Hwy #26
Bethesda, Maryland 20814
(301)656-7445
marchafkin@yahoo.com
Discipline: Counseling Psychology
Setting: Private Practice
Theory Base: Jungian Psychology and Psychodrama
Populations Served: military, adults; couples, group and supervision
Areas of Focus: military concerns, anxiety, depression, life transitions, and multicultural
concerns/dynamics

Nancy Hafkin PhD, CGP

(301)951-9002
nhafkinphd@gmail.com
Discipline: Psychologist
Setting: Private Practice
Theory Base: Interpersonal
Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Training/
Supervision; Women
Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life
Transitions; Mood Disorders; Multi-Cultural Issues

Lisa Haileab PhD

6th & Bryant Sts NW Ste 104
Washington, District of Columbia 20059
(202)907-1300
lisahaileab@gmail.com

Discipline: Sports Psychotherapist

Setting: University

Theory Base: Interpersonal; Psychodynamic; Relational; Systems

Populations Served: Adolescents; Adults; LGBTQ; Men; Multi-Cultural; Trauma; Women

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss;

Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues;

Other; Trauma; Athetes; Self-Esteem, Identity

Anthony Hain CPCC, ACC & MSW Student

1939 12th St NW Apt 402
Washington, District of Columbia 20009
(202)415-8669
tony@tonyhain.com

Discipline: Social Worker; Certified Coach

Setting: University Counseling Center

Populations Served: Young Adults, Adults, LGBTQ

Areas of Focus: Career Issues; Gender/ Sexuality; Life Transitions

Robert Hartford LICSW, LSCP, Licensed Systems-Centered Practitioner

1426 21st St NW
Washington, District of Columbia 20036
(202)412-0253
robert@roberthartford.com

Roberthartford.com

Discipline: Social Worker

LSCP, Licensed Systems-Centered Practitioner

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Systems

Populations Served: Adults; Couples; Families; LGBTQ; Men; Multi-Cultural; Seniors;

Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss;

Interpersonal Relationships; Life Transitions; Mood Disorders; Personality Disorders;

Trauma

David Heilman PsyD

1801 Connecticut Ave NW, 2nd Fl
Washington, District of Columbia 20009

(202)750-1552

david@davidheilman.com

Discipline: Psychology Associate; Psychologist-In-Training

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Trauma; University Students

Areas of Focus: LGBTQ+ Identity, ADHD, Performance Anxiety, and Interpersonal Relationships

Current Groups:

1) Men's Interpersonal Process Group, Thursday, 8:15am-9:30am

2) Gay Men's Interpersonal Process Group, Wednesday, 8:15am-9:30am

Alison Howard PsyD, CGP

4601 Connecticut Ave NW Ste 20

Washington, District of Columbia 20008

(202)368-3501

alisonhoward32@gmail.com

Www.alisonhoward.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; LGBTQ; Men; Multi-Cultural; Other; Seniors; Training/ Supervision; Women

Areas of Focus: Anxiety; Career Issues; Chronic Mental Illness; Depression; Eating Disorders; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues

Current Groups: 2 mixed gender and one women's group

Joseph Jeral MD

2112 F St NW #502

Washington, District of Columbia 20037

(301)7285670

josephjeral@yahoo.com

<http://www.psychiatrist-dc.com>

Discipline: Medical Professional

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men; Trauma; Women

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

Emily Jones LCSW

324 N Fairfax St Ste 200
Alexandria, Virginia 20008
(989)928-1065
emilyjoneslcsw@gmail.com
Discipline: Social Worker
Setting: Private Practice
Theory Base: Psychodynamic
Populations Served: Adults; Couples
Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Trauma

Sonia Kahn PsyD

(240)447-2759
dr.soniakahn@gmail.com
Discipline: Psychologist
Setting: Private Practice
Theory Base: Interpersonal; Psychodynamic; Relational; Self Psychology
Populations Served: Adults; Couples; LGBTQ
Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Interpersonal Relationships; Mood Disorders; Personality Disorders; Substance Abuse Disorders
Current Groups: Interpersonal Process Group for Adults
co-lead with Dave Dayton, Ph.D. Thursdays from 5:30-6:45 PM

Yasmine Kaidbey MSW, LGSW

1730 Rhode Island Ave NW Ste 203
Washington, District of Columbia 20036
(202)509-3637
ykaidbey@gmail.com
Discipline: Social Worker; Sex Therapist
Setting: Private Practice
Theory Base: Interpersonal; Psychodynamic; Relational; Self Psychology; Systems
Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Other; Women; Arabic; French
Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Substance Abuse Disorders; Sex Therapy; Polyamory Trauma

Mary Jean Kane MSW, LCSW, Certified Psychoanalyst

6073 Arlington Blvd
Falls Church, Virginia 22305
(703)550-4298
maryjeankane@gmail.com
www.stonehousetherapy.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Mind/Body; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; Training/ Supervision; Trauma

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Personality Disorders; Trauma

Current Groups: Relational Group Psychotherapy. Men and Women. Wednesdays, 6:15 - 7:30pm. Group promotes the growth of the self and one's ability to have connected, healthy, and satisfying relationships. Goals: emotional awareness, empathic understanding of self/others, self assertion, setting limits/boundaries in the service of self care, express differences/disagreements in a ways that foster open communication and connectedness

Arushi Kapoor MD

2041 Georgia Ave NW Ste 5B01

Washington, District of Columbia 20060

(916)225-8767

akapoor@huhosp.org

Discipline: Medical Professional

Setting: University

Theory Base: Cognitive

Populations Served: Adolescents; Adults; Children; Men; Multi-Cultural; Women

Areas of Focus: Anxiety; Chronic Mental Illness; Depression; Interpersonal Relationships; Personality Disorders; Substance Abuse Disorders; Trauma

Lisa Kays MSW

(202)350-1640

lisa@lisakays.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Existential; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; Families; LGBTQ; Men; Multi-Cultural; Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mandated Clients; Mood Disorders; Multi-Cultural Issues; Substance Abuse Disorders; Trauma

Current Groups: Interpersonal Process Groups, Mixed Gender: Tuesdays: 4 p.m. & 5:30, Wednesdays: 8:30 a.m. Improv-informed Group Therapy and Improv for Therapists. For more info, contact Lisa@LisaKays.com.

Maurine Kelly PhD, Fellow of the International Psychoanalytical Association (FIPA)

11621 Yeatman Ter
Silver Spring, Maryland 20902
(301)351-8670
mkkelly530@gmail.com
www.maurinekellyphd.com
Discipline: Psychologist
Individual Adult Psychoanalysis
Setting: Private Practice
4809 St. Elmo Avenue, Bethesda, MD 20814
Theory Base: Psychodynamic; Relational
Populations Served: Adolescents; Adults; Children; Couples; Families; LGBTQ; Men;
Multi-Cultural; Seniors; Training/ Supervision; Trauma; Women
Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Anxiety; Career Issues;
Chronic Mental Illness; Depression; Eating Disorders; Gender/ Sexuality; Grief/Loss;
Interpersonal Relationships; Life Transitions; Mandated Clients; Mood Disorders; Multi-
Cultural Issues; Personality Disorders; Substance Abuse Disorders; Trauma
Current Groups: Currently one group meets Thursday mornings. Additional groups in
planning phase

Ron Kimball PhD, CGP

910 17th St NW Ste 306
Washington, District of Columbia 20006
(202)452-6257
r.rkther@verizon.net
www.DrRonKimball.com
Discipline: Psychologist
Setting: Private Practice
Theory Base: Contextual Behavioral Theory
Populations Served: Adults; Couples; Seniors
Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life
Transitions; Mood Disorders; Compulsive Behavioral Disorders

Nicholas Kirsch PhD

1619 21st St NW
Washington, District of Columbia 20009
(301)442-7618
nicholaskirsch56@gmail.com
Discipline: Psychologist
Setting: Private Practice
4809 Saint Elmo Ave
Bethesda, MD 20814
Theory Base: Behavioral; Cognitive; Existential; Interpersonal; Mind/Body; Other;
Psychodynamic; Relational; Self Psychology; Systems; Theory-Eclectic; Experiential;
Buddhist/Mindfulness; Non-traditional Healing

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Other; Seniors; Training/ Supervision; Trauma; Women; Psychotherapists

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Other; Trauma; Personal Growth/Living fully

Current Groups:

For Therapists Only- Weekly process oriented groups, highly relational groups (sliding scale available).

Dupont Circle - 1. Tuesdays 9:10am; 2. Thursdays 7:30am; 3. Thursdays 9:00am.

Bethesda - 4. Fridays 12pm; 5. Tuesdays 3pm

Weekly Relational Therapy Groups- High functioning clients, co-ed, 25-70yo; weekly in

Dupont Circle - 6. Tuesdays 7:45am; 7. Wednesdays 5:45pm; 8. Thursdays 12pm

Elaine Klionsky PhD, CGP

6917 Arlington Rd, Ste 223

Bethesda, Maryland 20814

(301)641-8406

ejklionsky@gmail.com

Discipline: Psychologist

Setting: Private Practice

2000 P St NW, #412

Washington, DC 20036

Theory Base: Cognitive; Existential; Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; LGBTQ; Multi-Cultural; Seniors; Training/ Supervision; Women

Areas of Focus: Anxiety; Career Issues; Depression; Eating Disorders; Grief/Loss; Interpersonal Relationships; Life Transitions; Substance Abuse Disorders

Current Groups:

1) Co-ed Groups in Bethesda: Monday at 6:30 pm and Thursday am at 8:00 am

2) Co-ed Groups in Dupont Circle: Tuesday at 5:00 pm and Friday at 7:20 am

Women's Group in Bethesda: Wednesday at 7:00 pm

Psychodynamic and Process groups oriented organized by developmental stage.

Thomas Large MMH, LCSW-C, CGP

711 W. 40th St Ste 300

Baltimore, Maryland 21211

(410)467-1420

trlarge@verizon.net

thomaslarge.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Interpersonal; Relational; Self Psychology

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Training/ Supervision; Women

Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Personality Disorders; Substance Abuse Disorders

Jonathan Lebolt PhD, CGP

1001 Spring St Ste 110
Silver Spring, Maryland 20910
(240)507-7696

therapy@doctor-jon.com

WWW.DOCTOR-JON.COM

Discipline: Social Worker/Psychoanalyst

Setting: Private Practice

Theory Base: Cognitive-Behavioral; Existential; Interpersonal; Psychodynamic; Relational; Self Psychology; Systems

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Seniors; Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Career Issues; Chronic Mental Illness; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Other; Substance Abuse Disorders; Trauma; Spirituality

Current Groups: 1) Mixed group, Tuesday, 6pm; 2) Men's group, Thursday, 6pm.

Insurance accepted/sliding scale.

Margo London MSW, LICSW, CGP

4801 Wisconsin Ave #503
Washington, District of Columbia 20016
(202)332-0660

margolondonmsw2@gmail.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Relational; Self Psychology

Populations Served: Adults; Men; Seniors; Training/ Supervision; Women

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions

Liz Marsh LICSW

1801 Connecticut Ave. NW Ste 300
Washington, District of Columbia 20009
(202) 681-6189

lizmarshlicsw@gmail.com

Discipline: Expressive Arts Therapist; Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adolescents; Adults; LGBTQ; Men; Multi-Cultural; Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma; Art Therapy

Current Groups: Thursday evening, mixed-gender, adult process group. Tuesday lunchtime, "Self-Care through Creativity" group.

Venus Masselam PHD, LCMFT, CGP

8705 Burning Tree Rd

Bethesda, Maryland 20817-3054

(301)365-3948

venus@masselam.com

Discipline: Marriage and Family Therapist; Psychologist

Setting: Private Practice

Theory Base: Cognitive; Existential; Interpersonal; Psychodynamic; Relational; Systems

Populations Served: Adults; Couples; Families; Men; Seniors; Training/ Supervision; Women

Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues

Rose McIntyre LCSW, CGP

501 Church St NE Ste 209

Vienna, Virginia 22180

(301)237-0741

yethappens@verizon.net

Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Mind/Body; Psychodynamic; Relational; Self Psychology; Systems

Populations Served: Adults; Couples; Families; Men; Multi-Cultural; Seniors; Women

Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Trauma

Current Groups: Insight oriented, psychodynamic women's therapy group that meets Wednesday evenings from 6:30 to 8pm.

Melinda Mecham Jensen LPC

(703)739-2614

mindymecham@gmail.com

Discipline: Professional Counselor

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic

Populations Served: Adults; Couples; Families; Men; Training/ Supervision; Women
Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss;
Interpersonal Relationships; Life Transitions; Mood Disorders
Current Groups: I run ongoing long-term groups for adults, supervision groups for therapists, ongoing long-term groups for couples as well as short intensive groups for adults and couples.

Joan Medway PhD, CGP, FAGPA

11400 Strand Dr Apt 310
Rockville, Maryland 20852
(301)704-2162

jpmedway@aol.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Self Psychology

Populations Served: Adults; Couples; Men; Seniors; Training/ Supervision; Trauma;
Women

Areas of Focus: Anxiety; Career Issues; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

Billie Mitzner LPC, CACI, MAC

2000 P St NW Ste 620
Washington, District of Columbia 20036
(202)417-6887

billiemitzner@gmail.com

Discipline: Professional Counselor

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Seniors; Women

Areas of Focus: Anxiety; Career Issues; Depression; Interpersonal Relationships; Life Transitions; Substance Abuse Disorders

Current Groups: Wednesday evening group 7:15 – Psychodynamic-mixed group that facilitates the opportunity for members to connect with others authentically and develop a greater sense of self-worth and agency. Individuals learn to identify their feelings, to express their feelings with more clarity, while examining their interactions with other group members. Transitions include but not limited to - relationships, loss, career/retirement, and recovery

Farooq Mohyuddin MD

(703)625-8444

farooqmohyuddin@yahoo.com

Discipline: Medical Professional

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic
Populations Served: Adults; Couples; LGBTQ; Multi-Cultural; Training/
Supervision; Urdu
Areas of Focus: Anxiety; Depression; Interpersonal Relationships
Current Groups: Psychodynamic Psychotherapy Groups focused on interpersonal
learning and insight. Tuesday and Thursday evenings and Saturday Mornings

Henry Morris Phd, CGP, LCSW

2008 Bremo Rd #103
Richmond, Virginia 23226
(804) 282-8282
hemorris@verizon.net
www.richmondtherapycenter.com
Discipline: Social Worker
Setting: Private Practice
Theory Base: Psychodynamic
Populations Served: Adolescents; Adults; Couples; Men; Seniors; Women
Areas of Focus: Anxiety; Depression; Grief/Loss; Mood Disorders; Substance Abuse
Disorders

Ann OMalley PhD

200 Park Ave Ste 304
Falls Church, Virginia 22046
(703)350-2928
annomalley@yahoo.com
www.annomalleyphd.com
Discipline: Psychologist
Setting: Private Practice
Theory Base: Psychodynamic; Relational
Populations Served: Adolescents; Adults; Couples; LGBTQ; Trauma; Women
Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal
Relationships; Life Transitions; Mood Disorders; Trauma
Current Groups: Adult process group starting soon

Jill Penaloza LCPAT

424 4th St Ste D2
Annapolis, Maryland 21403
(410)279-3106
jill.penaloza2@verizon.net
Discipline: Expressive Arts Therapist
Sheng Zhen Gong Teacher (Moving Meditation)
Setting: Private Practice
The Gampopa Center of Annapolis

918 Chesapeake Ave, 2nd Floor, Annapolis, MD 21403
Theory Base: Cognitive; Interpersonal; Mind/Body; Other; Relational
Populations Served: Adults; Men; Multi-Cultural; Trauma; Women
Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Other; Trauma; Psychospiritual Development
Current Groups: Women's Mindfulness-Based Creative Cognitive Therapy Groups: Ongoing Sheng Zhen Gong (moving meditation) classes on Monday evenings and Tuesday mornings

William Pinney Ph.D.

2440 M St NW Ste 429
Washington, District of Columbia 20037
(202)296-7033
drwgpiny@ gmail.com
Discipline: Psychologist
Setting: Private Practice
Theory Base: Existential; Psychodynamic; Relational
Populations Served: Adolescents; Adults; LGBTQ; Men; Multi-Cultural; Seniors; Trauma; Women
Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Personality Disorders
Current Groups: General Process Group (co-lead with Kirsten Chadwick, Ph.D.)
Thursdays 8 - 9:15am

Lenore M Pomerance MSW

2000 P St NW #720
Washington, District of Columbia 20036
(202)277-5575
lenore.pomerance@ gmail.com
Discipline: Social Worker
Setting: Private Practice
Theory Base: Existential; Interpersonal; Mind/Body; Psychodynamic; Relational
Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Training/ Supervision; Women
Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Career Issues; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues
Current Groups: Monthly therapy/support group for aging men and women in transition, facing retirement, caring for an ill loved one, health challenges, moving both physically and psychologically to the next phase, and addressing the question of "What is next for me?" Usually meet the first Saturday of each month for three hours. Office at 2000 P St NW #720, Washington, DC 20036.

Karen Pratt LCSW

113 Rockland Ter
Suffolk, Virginia 23434
(757)403-8556
keplcsw@aol.com
Discipline: Social Worker
Setting: Agency
Theory Base: Cognitive
Populations Served: Adults; Children
Areas of Focus: Anxiety; Depression; Substance Abuse Disorders; Trauma

Ann Reifman PhD

3000 Connecticut Ave NW
Washington, District of Columbia 20008
(202)234-9011
areifman@aol.com
Discipline: Psychologist
Setting: Private Practice
Theory Base: Cognitive; Interpersonal; Psychodynamic
Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Training/
Supervision; Women
Areas of Focus: Anxiety; Career Issues; Chronic Mental Illness; Depression; Eating
Disorders; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions;
Mood Disorders

John Rhead PhD, CGP

5560 Sterrett Place. Suite 205
Columbia, Maryland 21044
(410) 997-5060
jrheadphd@gmail.com
www.johnrhead.com
Discipline: Psychologist
Setting: Private Practice
Theory Base: Existential; Interpersonal; Mind/Body; Relational
Populations Served: Adults; Couples; Families; Men; Seniors; Training/ Supervision;
Women
Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Life Transitions
Current Groups: one men's group, other mixed groups

Grace Riddell LICSW, LCSW-C, MEd

3000 Connecticut Ave NW Ste 137C
Washington, District of Columbia 20008

(301)942-3237

griddell4@gmail.com

www.lgbtc.com, www.Grace-Riddell.com

Discipline: Marriage and Family Therapist; Social Worker

Setting: Private Practice

10027 Frederick Avenue

Kensington, MD 20895

Theory Base: Behavioral; Cognitive; Interpersonal; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; LGBTQ; Women

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Interpersonal Relationships; Life Transitions; Mood Disorders; Codependence

Current Groups:

1) It's All About Change: a Group for Women who Love Women

This group offers learning and a sense of community including gender non-conforming, lesbian, transgender, etc. Issues: fitting in, expanding social networks, dating, fertility and more. Tuesdays from 6:35-8pm @ 3000 Connecticut Ave NW.

2) It's Time to Take Care of Yourself: A mixed gender group learning how to focus on self care, needs and wants, boundaries, self esteem and moderation. Mondays from 6:35-8pm @ 3000 Connecticut Ave NW.

David Rose PhD

4809 St Elmo Ave

Bethesda, Maryland 20814

(301)587-5735

david@drdavidrose.com

Discipline: Psychologist

Setting: Private Practice

1110 Fidler Ln Ste 1417

Silver Spring, MD 20910

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Trauma

Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Personality Disorders; Trauma

Anne Ross LCSW

501 Church St NE Ste 209

Vienna, Virginia 22180

(703)389-1913

across@acrosscounseling.com

www.AcrossCounseling.comsee website

Discipline: Social Worker

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Psychodynamic; Relational; We have seven therapists at Across Counseling and we serve many different needs with different theory bases. Two of our therapists are bilingual (Spanish/English). One is trained in EMDR. One is licensed as a Certified Substance Abuse Counselor. Specializations include, play therapy, grief, loss & bereavement, aging/caregiving, Trichotilomania, OCD, Traumatic Incident Reduction, Adult Children of Alcoholics, anger management, transgender adolescents & adults, recovery from abusive relationships. Populations Served: Adolescents; Adults; Children; Couples; Families; LGBTQ; Men; Multi-Cultural; Seniors; Training/ Supervision; Trauma; Women; Spanish Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Anxiety; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Other; Personality Disorders; Substance Abuse Disorders; Trauma Current Groups: Separation and Divorce Group. For women planning for or in the process of separation or divorce or recently separated or divorced. The group meets evenings and the day is determined by group members needs.

George Saiger MD, CGP, FAGPA

6280 Montrose Rd

Rockville, Maryland 20852

(301)770-5016

saiger11781@comcast.net

Discipline: Medical Professional

Setting: Private Practice

Theory Base: Interpersonal; Medication; Psychodynamic

Populations Served: Adults; Seniors; Training/ Supervision

Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Chronic Mental Illness; Mood Disorders; Issues of Aging

Lisa Schievelbein PsyD

419 Madison Ave #6

Albany, New York 12210

(202)210-7799

lschievelbein@paloaltou.edu

Discipline: Psychologist

Setting: Private Practice

Theory Base: Mind/Body; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Seniors; Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Personality Disorders; Trauma

Ellen Schiff PhD

4400 East West Hwy Ste 122

Bethesda, Maryland 20814

(301)656-5606

shockti@aol.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Seniors; Training/ Supervision; Women

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life

Transitions; Mood Disorders

Joseph Schmidt PsyD

1501 Lee Hwy Ste 102

Arlington, Virginia 22209

(703) 909-5101 Ext. 107

schmidtjos@gmail.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults; Couples; Families; LGBTQ; Men; Multi-Cultural; Women

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss;

Interpersonal Relationships; Life Transitions; Multi-Cultural Issues

Cristina Secarea MD

1100 Alabama Ave SE

Washington, District of Columbia 20032

(302)228-7002

cristina_secarea@yahoo.com

Discipline: Medical Professional

Setting: Government; Inpatient

Theory Base: Behavioral; Cognitive; Interpersonal; Psychodynamic

Populations Served: Adults; LGBTQ; Multi-Cultural

Areas of Focus: Acute/ Chronic Medical Illness/ Disability; Chronic Mental Illness;

Depression; Interpersonal Relationships; Mood Disorders; Multi-Cultural Issues;

Substance Abuse Disorders

Rosemary Segalla PhD

3551 Winfield Ln

Washington, District of Columbia 20007

(202)9651134

rt.segalla@gmail.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Relational; Self Psychology

Populations Served: Adults; Couples; Families; LGBTQ; Seniors; Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Personality Disorders; Trauma

Deborah Sinek PhD

100 E South St Ste 2

Charlottesville, Virginia 22902

(434)249-0706

dmsinek@gmail.com

www.deborahsinekphd.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Cognitive; Mind/Body; Psychodynamic

Populations Served: Adults

Areas of Focus: Anxiety; Mood Disorders; Trauma

Lisa Smith MS, NCC, LPC

1801 Connecticut Ave NW Suite 300

Washington, District of Columbia 20009

(202) 540-8244

Lisa.smith.dc@gmail.com

www.lisasmithpsychotherapy.com

Discipline: Professional Counselor

Setting: Private Practice

Theory Base: Existential; Interpersonal; Relational

Populations Served: Adults; Couples; LGBTQ; Multi-Cultural; Training/ Supervision; Trauma

Areas of Focus: Anxiety; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Multi-Cultural Issues; Trauma

Adam Sowa PhD

324 N. Fairfax St Ste 200

Alexandria, Virginia 22314

(571) 435-3551

sowaaj@verizon.net

Discipline: Psychologist

Setting: Private Practice

Theory Base: Cognitive; Interpersonal; Systems

Populations Served: Adolescents; Children; Families

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders

Current Groups: My groups include: parenting groups (for 1 or more caregivers, currently Thurs 9:30am), groups to facilitate transition from high school to college (various times), "failure to launch" groups (for struggling college undergrads, various times).

Beth Starr

(301)980-6153

blstarr@gmail.com

Discipline: Student

Setting: I am changing careers at a "later" stage in my life. I have been an editor at Bloomberg Environment for 39 years and recently began a masters program in Clinical Mental Health Counseling at Argosy University.

Theory Base: Interpersonal

Jonathan Stillerman PhD, CGP

1801 Connecticut Ave NW Ste 400

Washington, District of Columbia 20009

(202)429-4939

jstillerman@hotmail.com

www.alexpsychotherapy.net

Discipline: Psychologist

Setting: Private Practice

Theory Base: Mind/Body; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Training/ Supervision; Trauma; Women

Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Trauma

Current Groups:

1) Ongoing Mixed-Gender Psychotherapy Groups: Wednesdays, 8-9:15am & Thursdays, 7:45-9am

2) Ongoing Men's Psychotherapy Group: Wednesdays, 6:45-8pm

3) Consultation Group for Group Therapists: Thursdays, 4-5:15pm

Bernard Stoltz PsyD

118 E Del Ray Ave Ste 9

Alexandria, Virginia 22301

(703)348-6427 ext. 108

bernard.stoltz@gmail.com

www.bernardstoltz.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Behavioral; Cognitive; Existential; Interpersonal; Mind/Body; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; LGBTQ; Men; Multi-Cultural; Training/ Supervision; Trauma; Women
Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Trauma

Christopher Straley MSW, CGP

3000 Connecticut Ave NW Ste 134
Washington, District of Columbia 20008
(202)270-0856
clstraley@msn.com

www.ChristopherStraley.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Men; Training/ Supervision

Areas of Focus: Gender/ Sexuality; Interpersonal Relationships; Other; Substance Abuse Disorders; Sex Therapy

Suzanne Stutman MSW

2312 Tracy PI NW
Washington, District of Columbia 20008
(202)363-2934
stutman.suzanne@gmail.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal

Populations Served: Adults

Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Trauma

Ginger Sullivan MA, LPC, CGP, FAGPA

3000 Connecticut Ave NW. Suite 210
Washington, District of Columbia 20008
(202) 265-5855
vmsmail@aol.com

www.gingersullivan.org

<https://www.facebook.com/gingersullivanpc/>

Discipline: Professional Counselor

Setting: Private Practice

Theory Base: Psychodynamic

Populations Served: Adults; Couples

Areas of Focus: Anxiety; Depression; Life Transitions; Personality Disorders

Current Groups: Modern Analytic Groups - Adult CoEd

Leon Suskin LCSW-C. CGP

2006 Gainsboro Rd
Rockville, Maryland 20851
(240)813-0592
swrpres@gmail.com
Discipline: Social Worker
Theory Base: Cognitive; Interpersonal; Other
Populations Served: Adolescents; Adults; Couples; Families; Other
Areas of Focus: Chronic Mental Illness; Mandated Clients; Mood Disorders; Substance Abuse Disorders

Tracy Thomas PsyD

1200 G St NW Ste 800
Washington, District of Columbia 20001
(202)486-8868
thomastl@hotmail.com
www.thrivetherapydc.com
Discipline: Psychologist
Setting: Private Practice
Theory Base: Behavioral; Cognitive; Relational
Populations Served: Adults
Areas of Focus: Anxiety; Depression; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Other; Trauma; OCD

Katherine Thorn LPC

8700 Georgia Ave., suite 304, Silver Spring MD 20910
(703)288-9595
katherine@wellnessinmind.com
Discipline: Professional Counselor
Setting: Private Practice
Theory Base: Interpersonal
Populations Served: Adults; Couples; Training/ Supervision; Women
Areas of Focus: Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders

Paul Timin LCSW-C

1400 Front Ave Ste 200
Baltimore, Maryland 21093
(410)321-9338
ptimin14@gmail.com
Discipline: Social Worker

Setting: Private Practice

Theory Base: Cognitive; Relational

Populations Served: Adolescents; Adults; Couples; Men; Seniors; Trauma; Women

Areas of Focus: Anxiety; Depression; Grief/Loss; Interpersonal Relationships; Life

Transitions; Mood Disorders; Personality Disorders; Trauma

Daniel Turetsky PsyD

4809 St. Elmo Avenue

Bethesda, Maryland 20814

301-913-5947

drdanielturetsky@gmail.com

<https://www.psychologytoday.com/us/therapists/daniel-turetsky-bethesda-md/33932>

Discipline: Psychologist

Setting: Private Practice

1010 Wisconsin Avenue

Suite 505

Washington, DC 20007

202-210-5947

Theory Base: Behavioral; Cognitive; Existential; Interpersonal; Mind/Body;

Psychodynamic; Relational; Systems

Populations Served: Adolescents; Adults; Children; Couples; Families; LGBTQ; Men;

Multi-Cultural; Other; Seniors; Women

Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Interpersonal

Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Personality

Disorders; Trauma; Attention disorders and learning disabilities; Spanish, Hebrew

Current Groups: Coed adult process groups on Mondays evenings (6:30) and Thursday

mornings (8:00) in Bethesda, MD. Men's group on Tuesday evenings (5:25) in Bethesda

Child and adolescent relationship and social skills groups in Bethesda in the

afternoons/evenings during the week

Judy Tyson PhD, CGP

Judy Tyson PhD LLC

8915 Shady Grove Ct

Gaithersburg, Maryland 20817

(301)963-0060

judytysonphd@verizon.net

www.potomacgrovepsychiatry.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Mind/Body; Systems

Populations Served: Adults; Couples; Families; Men; Multi-Cultural; Seniors; Training/

Supervision; Women; Step Families; Recovery

Areas of Focus: Interpersonal Relationships; Life Transitions; Multi-Cultural Issues;

Other; Substance Abuse Disorders; Trauma

Current Groups: Long Term Men's Psychotherapy Group co-led by L.Ari Kopolow, MD and Judy Tyson-Kopolow, PhD. Tuesdays 5pm.

Fox Vernon PhD

324 N Fairfax St

Alexandria, Virginia 22314

(703) 957-5778

fox@foxvernon.com

www.foxvernon.com

www.foxvernonmusic.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic; Relational

Populations Served: Adults; Couples; Training/ Supervision

Areas of Focus: Interpersonal Relationships; Life Transitions; Creativity

Current Groups: Interpersonal Process Groups for Adults: 2 groups

co-led with Emily Jones LCSW and 2 groups co-led with Jen McLish LCSW

Candice Vinson PhD

2029 P St NW #302

Washington, District of Columbia 20036

(214)354-2745

vinson.candice@gmail.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Mind/Body; Psychodynamic; Relational

Populations Served: Adults; LGBTQ; Men; Multi-Cultural; Women

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Interpersonal Relationships; Life Transitions

Lewis Weber PhD MSW LCSW CGP

(434)960-0084

lewisweber11@yahoo.com

weberpsychtherapy.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Existential; Interpersonal; Psychodynamic

Populations Served: Adults; LGBTQ; Men; Trauma; Women

Areas of Focus: Anxiety; Depression; Interpersonal Relationships; Mood Disorders; Personality Disorders; Trauma

Current Groups: I do four psychotherapy groups a week. I have a men's group, women's group and two mixed groups. I also do critical incident the briefing room in

response to crisis. My Practice is over 20 psychotherapy groups for children thru seniors.

Anna Weissman MD

George Washington University MFA

Department of Psychiatry & Behavioral Sciences

Washington, District of Columbia 20037

(202)465-6347

anna.weissman@gmail.com

Discipline: Medical Professional

Setting: Private Practice; University

Theory Base: Behavioral; Cognitive; Existential; Interpersonal; Medication; Mind/Body; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; LGBTQ; Men; Multi-Cultural; Women

Areas of Focus: Anxiety; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders

Barry Wepman PhD, CGP, LFLAGPA

3254 Jones Court NW

Washington, District of Columbia 20007

(202) 445-0990

bjwep@aol.com

Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic

Populations Served: Adults; Couples; Seniors; LGBTQ; Training/Supervision

Areas of Focus: Anxiety; Depression; Gender/Sexuality; Interpersonal Relationships; Life Transitions

Raquel Willerman LCSW

1355 Beverly Rd. Suite 225

McLean, VA 22101

(703) 829-6684

rwillerman@gmail.com

www.willermangroup.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Mind/Body; Psychodynamic; Relational; Self Psychology

Populations Served: Adults; Couples; Seniors; Trauma; Women; Multi-Cultural; Men

Areas of Focus: Anxiety; Depression; Eating Disorders; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Trauma

French

Current Groups:

- 1) Weight Management Groups for Women in Falls Church
Tuesdays 6pm - 7:30pm OR Thursdays 12pm - 1:30pm. These are process-oriented, relational groups where members address underlying issues that may have contributed to struggles with obesity.
- 2) Support group for Parents of children with learning and emotional challenges in Falls Church. Thursdays 6:30pm - 7:50pm. Parents connect with each other in safe space for support and address issues relating to their own self-care.

Rob Williams MBA, LICSW, CGP

1801 Connecticut Avenue NW, 3rd Floor
Washington, DC 20009
(202) 455-5546

rob.williams.msw@gmail.com

aida-therapy.com

Discipline: Social Worker

Setting: Private Practice

Theory Base: Interpersonal; Mind/Body; Psychodynamic; Relational

Populations Served: Adults; Couples; LGBTQ; Men; Multi-Cultural; Seniors; Training/Supervision; Trauma

Areas of Focus: Anxiety; Career Issues; Depression; Gender/ Sexuality; Grief/Loss; Interpersonal Relationships; Life Transitions; Mood Disorders; Multi-Cultural Issues; Substance Abuse Disorders; Trauma

Current Groups:

- 1) Mixed Adults Groups, Tuesday or Wednesday, 6-7:15pm
- 2) Men's Group, Thursday, 8:15am-9:30am
- 3) Group Therapists Consultation Group, biweekly, Friday, 9-11am

Lorraine Wodiska PhD, CGP, ABPP, FAGPA

(703)536-5545

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Discipline: Psychologist

Setting: Private Practice

Theory Base: Interpersonal; Psychodynamic; Relational

Populations Served: Adolescents; Adults; Couples; LGBTQ; Men; Seniors; Women

Areas of Focus: Anxiety; Career Issues; Depression; Grief/Loss; Interpersonal Relationships; Life Transitions; Substance Abuse Disorders; Canine-Assisted Psychotherapy

Current Groups: Tuesday, 12 -1:15 pm Arlington, VA; Tuesday, 4:30- 6 pm Arlington, VA; Wednesday, 4:30 pm Bethesda, MD

Daryl Yoder MD

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Lynchburg, Virginia 24503
flyingjars@comcast.net
Discipline: Medical Professional
Setting: Retired
Theory Base: Psychodynamic